

Category A - MEN OPEN - 18YRS & ABOVE [160km]

Cat Position	Name	Run No	Timing	Overall Position	Gender Position
1	THUM WENG KIN	A232	04:13:50	2	2
2	LIM FHU ZHEN, DANIEL	A274	04:14:07	3	3
3	WAI KAR THAI	A277	04:14:12	4	4
4	LENG KEAT SEONG	A280	04:14:13	6	6
5	TENG BOON HOE, LAWRENCE	A224	04:14:22	12	12
6	CHAN YOON VOON	A030	04:14:22	11	11
7	KUM CHUN KHUEN	A094	04:14:23	13	13
8	ABDUL ADZIM BIN ABDUL RAHIM	A001	04:14:23	14	14
9	RAIMI BIN ABD RAZAK	A196	04:14:24	15	15
10	TEOH KOK HAU	A228	04:14:25	17	16
11	KELVIN CHAN	A081	04:14:25	16	17
12	ZAMIRUDDIN B AHMAD ZUBIR	A270	04:14:26	19	19
13	LEE WAI YUAN	A110	04:14:26	18	18
14	CHOONG CHEONG VONG	A049	04:15:37	26	24
15	HEOH CHIN KONG	A069	04:15:49	27	25
16	WONG WAI LAM	A247	04:15:50	29	27
17	LEE LIP FOONG	A108	04:15:50	28	26
18	CHAN SEONG PHUN, SEAN	A025	04:16:51	30	28
19	LIU LIP WEI, MICHAEL	A127	04:16:52	31	29
20	LAU KAH YAO	A098	04:17:30	34	32
21	ROGER CHOO	A201	04:20:20	35	33
22	ABDUL KHALIB BIN ZAKARID	A002	04:20:36	36	34
23	CHIM CHING CHAI	A038	04:20:50	37	35
24	CHUAH SEONG SOON	A055	04:21:57	38	36
25	ARIF SHAHRIZAL ZAMRI	A013	04:23:00	39	37
26	LEE CHEE WEI	A101	04:23:02	40	38
27	CHOY MUN THOW	A053	04:25:08	43	41
28	LEE KAI CHOON	A105	04:26:07	44	42
29	SOO CHEE KEONG	A210	04:26:13	45	43
30	CHOY MUN YOONG	A054	04:26:20	46	44
31	MUHAMAD NUR SYAFIQ BIN SUHAIMY	A159	04:32:44	53	51
32	TAN LIAN MENG	A219	04:33:05	55	53
33	MOHD ARIFF ISMAIL	A145	04:33:10	56	54
34	YUEN CHIE ONN	A265	04:33:15	58	56
35	TAN KOK LEONG	A218	04:33:20	59	57
36	OOI KOOH CHANG, DANNY	A191	04:33:26	60	58
37	CHAN KOON SENG	A023	04:33:33	61	59
38	CHONG JING SHENG, JOHNNY	A044	04:33:35	62	60
39	SHAHARIN WAN	A204	04:33:37	63	61
40	ONG POH SENG	A188	04:33:50	64	62
41	RAHIMI BIN YAHYA	A195	04:34:29	66	64
42	CHAI TIONG AUN	A020	04:34:39	67	65
43	LOUIS TAN	A131	04:36:13	68	66
44	MOHAMAD ESMAN	A139	04:36:17	69	67
45	LIAW WEE LI	A118	04:37:01	70	68
46	YONG WING TONG	A262	04:41:22	71	69

47	ONG PHUN HONG, STEPHEN	A187	04:42:00	73	71
48	YAP SOON HENG	A255	04:43:57	75	73
49	LEONG KEN IF	A115	04:44:00	76	74
50	MOHD PADZLI MOHD DAUD	A155	04:44:05	77	75
51	LIM KEAT SEONG	A121	04:44:37	82	79
52	ALWIN ABDUL RAHMAN	A008	04:44:46	84	81
53	SHANMUGAGANESH A/L VAYAPURI	A209	04:45:22	87	84
54	MOHD KHAIRUL ANUAR MOHD TAHIR	A153	04:45:26	88	85
55	RIDZAL SHAM BIN KAMARULZAMAN	A200	04:45:34	89	86
56	ANG GEE LIN	A009	04:45:44	90	87
57	AHMAD FAIRUL NAIM B OTHMAN	A005	04:45:47	91	88
58	YIP WENG TAK	A260	04:47:23	93	90
59	GOH ENG KHONG	A066	04:54:15	96	93
60	JEFFERY CHIN	A079	04:54:27	97	94
61	ZAIN AZRAAI BIN SALAHAN	A269	04:54:34	98	95
62	MOHD BUKHARI BIN MOHD HASHIM	A149	04:54:44	99	96
63	NG KHAI HSING	A172	04:54:59	100	97
64	YAP TZE SON, JASON	A256	04:55:39	105	101
65	NG KOK HENG	A173	04:55:51	107	103
66	OOI SOU HAI, ERIC	A192	04:56:18	110	105
67	WAN MOHD NAZMIN WAN IBRAHIM	A237	04:56:19	111	106
68	MEER FAROOQ	A279	04:56:25	112	107
69	MAN WENG LUN, DARREN	A137	04:57:26	113	108
70	MOHD AZHAM B HAMMEJAH	A148	04:57:35	115	110
71	LEE CHOON HOO	A102	04:58:01	116	111
72	ZAHRUL ASHRI BIN JAMALODIN	A268	04:58:26	117	112
73	LIT KOK WAI	A126	05:00:35	120	115
74	ESA FAWSAL BIN MOHD SALLEH	A281	05:01:21	122	117
75	NG CHOW KIONG, RAYMOND	A171	05:01:58	123	118
76	SHAMSUL BIN ANUAR	A207	05:02:08	124	119
77	WAN MOHD SYUHAIIDI B WAN SAAD	A238	05:03:10	127	122
78	MUHAMAD ZAKHIR B MOHD KHAIRUDDIN	A160	05:03:22	128	123
79	LEE HON YON	A104	05:03:30	129	124
80	CHUN YEW YIN	A057	05:03:40	130	125
81	LAU CHEE KIN, SIMON	A096	05:03:50	132	127
82	ADRIAN MING	A004	05:03:56	133	128
83	CHIN WE CHEN	A040	05:04:00	135	130
84	LOO CHIEW YONG	A130	05:06:02	138	133
85	OANI NAZLAN B ABU BAKAR	A184	05:06:33	139	134
86	KEVIN VINCENT PHANG	A084	05:06:59	143	138
87	MUHAMED SUHAIMI SHAHRIFUDDEEN BIN DZULKKEPLI	A161	05:07:07	144	139
88	CHIN VEE ONN	A039	05:07:20	145	140
89	MOHD SHAIRUL FAIZAL BIN BUANG	A156	05:07:25	146	141
90	MAUNG NAY MYO AUNG	A138	05:07:38	147	142
91	KOO KIN FAI	A093	05:07:54	148	143
92	CHA CHEE WEI	A018	05:09:42	149	144
93	CHAN SEONG JIAN, JEREMY	A024	05:10:08	151	146
94	YEOH LEAN HONG, KENNY	A259	05:11:29	152	147
95	TAN HIANG SWEE	A214	05:12:00	153	148
96	LAI FOO YUEN, JONATHAN	A095	05:12:09	154	149

97	TENGGU ARIFF RIDUAN B ENGGU AHMAD	A226	05:14:30	163	156
98	LEE KIAN HWEE	A106	05:14:48	164	157
99	YONG YEE WAN	A263	05:15:05	166	159
100	LEONG SAI TUN	A117	05:15:12	167	160
101	LAU CHEE LOONG	A097	05:15:32	169	162
102	YAP TZE XIAN, JERRY	A257	05:15:51	170	163
103	NATHAN RAJU	A167	05:17:00	171	164
104	ROSLIE B MAT TAHIR	A202	05:17:18	172	165
105	TAN YEON KIENG	A221	05:17:56	175	168
106	KIM LIN YEON	A089	05:18:03	176	169
107	LEE LIP WAH	A109	05:18:19	177	170
108	CHAN YEW WAH	A029	05:18:40	178	171
109	LEE HON WAI	A103	05:20:10	180	173
110	NG KOK KEONG	A174	05:21:20	186	179
111	CHONG HSIAO PING	A043	05:21:33	187	180
112	GAN TONG SHIUM	A064	05:23:02	191	184
113	ANG TEIK ANG	A010	05:23:12	192	185
114	CHAI YU LIM	A021	05:25:12	195	188
115	BONG LIAN HUN	A017	05:25:29	196	189
116	SHANIZAM B SHARON JAMIEDY	A208	05:27:27	197	190
117	CHIA KEE LONG	A037	05:27:37	198	191
118	KHAIRRUNOOR BIN KHAIRUDDIN	A085	05:27:44	199	192
119	WONG KENG LEI	A245	05:31:54	207	200
120	PANG WEE MING	A193	05:32:01	208	201
121	SYARULNIZAM B WAHAB	A212	05:32:20	209	202
122	WONG KAH WAI	A243	05:33:18	212	205
123	LIM KIA SENG, CLARENCE	A122	05:35:12	218	211
124	AZAHARI ARIFIN	A014	05:35:45	220	213
125	KEVIN KHOR	A083	05:36:02	221	214
126	ALLAN TAN	A007	05:36:03	222	215
127	GOH ENG KENT	A065	05:36:45	224	217
128	CHEONG WEI MING	A036	05:37:05	226	219
129	NG YONGFENG	A178	05:37:10	227	220
130	CHOONWEI TAY	A050	05:37:20	228	221
131	CHEAH CHYE HEE	A033	05:37:36	230	223
132	SHAFUL NIZAM B MOKHTAR	A203	05:37:45	231	224
133	LIM JIA JUN, EUGENE	A120	05:37:48	232	225
134	TENG SOON AIK	A225	05:37:52	233	226
135	WONG THEAN LIANG	A246	05:38:14	235	228
136	TAN EK SENG	A213	05:38:30	236	229
137	HO ZHONG XUAN	A071	05:38:37	237	230
138	KAM WENG KIN	A080	05:39:56	238	231
139	YAP CHI MUN	A253	05:42:26	249	242
140	LIM SHEAU CHAU	A123	05:42:42	250	243
141	NG SHU LONG	A176	05:44:03	252	245
142	LEONG KOK KHEAN	A116	05:44:52	254	247
143	NG SENG HUAT	A175	05:45:20	260	252
144	YONG YUNG HING	A264	05:45:22	261	253
145	KHOH HONG YAU	A087	05:45:30	262	254
146	TEH YONG KONG	A223	05:46:01	263	255

147	TEH EWE SING, JASON	A222	05:46:54	265	257
148	YAP KOK HONG	A254	05:47:49	269	260
149	MOHAMAD RASHID HJ SAMIRAN	A141	05:48:50	270	261
150	WONG HONG YE	A241	05:50:25	275	265
151	NAHAR HAKIMY	A165	05:50:30	276	266
152	MOHD ASAR ISMAIL BIN ZAINAL ARIFIN	A146	05:52:46	278	268
153	MUAZAM HADI MUHAMMAD	A158	05:52:53	279	269
154	LU WING HUAT	A134	05:53:26	280	270
155	CHEONG HOE JUN	A035	05:53:56	282	272
156	HO HSAI WEI	A070	05:54:43	284	274
157	ANG TEIK CHIN	A011	05:57:32	289	279
158	TAN SENG CHAI	A220	05:57:50	290	280
159	LEE KWEE NAM	A107	05:57:54	291	281
160	WONG KANG NING	A244	06:00:30	301	290
161	CHOY KIN HOON	A052	06:01:52	304	293
162	LEE WEI KONG	A111	06:02:30	306	295
163	KHONG CHIN GUAN	A092	06:02:55	307	296
164	TERRY TAN	A229	06:03:09	308	297
165	CHONG KIN MENG	A045	06:03:22	309	298
166	TEO VEE SEN	A227	06:03:37	310	299
167	WONG CHUEN LEONG, DAVID	A240	06:03:44	311	300
168	MOHD HAIKAL BIN SHAFIE	A276	06:04:15	312	301
169	LEONG KAM SEONG	A114	06:04:37	314	303
170	YUSRI B KASAN	A266	06:05:26	317	306
171	ZULFAN NAZLY B ABD AZIZ	A271	06:05:34	318	307
172	THOR BENG CHOUN	A231	06:05:38	319	308
173	WOON HON SIONG	A252	06:07:33	323	312
174	MOHD ASHRAF HAMDAN	A147	06:10:02	326	315
175	LIM TOW KENG	A124	06:10:32	327	316
176	HAMIDUN BIN SULAIMAN	A067	06:10:38	328	317
177	TOH BOON HUAT, ALBERT	A234	06:11:00	329	318
178	LEE YEN WEI	A112	06:13:13	334	323
179	MAH SOON YAU	A136	06:14:32	338	327
180	HOO CHING TAI	A073	06:15:45	339	328
181	MOHD HAFIZI ABDUL GHANI	A151	06:17:34	341	330
182	LIM WOOL HUN	A125	06:20:36	345	333
183	NG CHEE SENG	A170	06:24:43	348	335
184	ZAHAFUDDIN BIN NOORDIN	A267	06:25:09	349	336
185	JACKY LO	A076	06:25:30	350	337
186	KHAIRUL ANUAR B AHMAD	A086	06:26:22	352	339
187	LOO CHIEW CHEN	A129	06:27:19	353	340
188	NGOW SONG WAI	A180	06:30:25	359	346
189	RAIZAL FARIS B MUSTAFFA KAMAL	A197	06:31:27	362	349
190	NG BU YONG	A168	06:31:57	363	350
191	LOW CHIE CHONG	A132	06:33:35	366	351
192	HASRIFAIZAL LOKMAN	A068	06:34:01	367	352
193	NG YUK KEONG, KEON	A179	06:36:09	369	354
194	NG CHEE POH, JASON	A169	06:37:32	370	355
195	OH CHOR GUAN	A185	06:41:41	375	360
196	CHANG CHOON HING, DANNY	A031	06:42:34	377	362

197	SUHAIMI BIN KASSIM	A211	06:46:09	382	367
198	JAMES SURESH RAMASAMY	A077	06:46:51	384	369
199	YONG VUN HAO	A261	06:47:48	386	371
200	CHAN KEANG SOON	A022	06:51:35	390	375
201	NG YEW CHUAN	A177	06:51:54	391	376
202	LOW YUN HO	A133	06:52:39	393	377
203	AZEEDY B OSMAN	A015	06:52:48	394	378
204	RAJA MUHAMMAD YAZID BIN SAMSUDIN	A198	06:52:56	395	379
205	FOONG CHEE MUN	A063	06:53:36	398	382
206	CHOW NOCK MENG, GARY	A051	06:55:30	400	384
207	LAY JUN AN	A100	06:55:48	401	385
208	WONG YOON WAH	A250	06:55:52	402	386
209	MOHD ZAFUAN B MAT ISA	A157	06:56:20	403	387
210	CHONG WAH SENG	A046	06:56:41	404	388
211	TIONG LAI WONG, VINCENT	A233	06:56:45	405	389
212	LIEW CHEE YEW	A119	06:58:37	408	392
213	CHAN SWEE MUN	A026	06:59:09	410	394
214	CHIN YEW CHOONG	A041	06:59:45	411	395
215	CHEN KAR JUN	A034	06:59:49	412	396
216	ABDUL MUNIR BIN MOHD IBRAHIM	A003	07:00:00	413	397
217	MOHAMMAD NIZAM OTHMAN	A142	07:00:32	414	398
218	TENG JIN TEE, ALOYSIUS	A275	07:00:44	416	400
219	ONN BOON HUN	A189	07:02:38	417	401
220	KHOO CHIN AIK	A088	07:04:15	418	402
221	YAP YAEN CHOON	A258	07:05:58	422	406
222	KOAY SWEE KHEE, SAM	A091	07:07:42	423	407
223	PHUAN SOON GIAP	A194	07:12:25	429	411
224	MUHAMMAD RAZIF BIN ZAINI	A163	07:14:37	430	412
225	EDMOND LOH	A058	07:15:15	432	413
226	FAN SHUE SHIN, THOMAS	A061	07:15:18	433	414
227	CHAN TZE SEONG, VINCENT	A027	07:15:45	434	415
228	NIK ARIF SIDEK	A181	07:15:48	435	416
229	JASON HUE	A078	07:18:15	438	417
230	MUHAMMAD IZZUDDIN MAT AZAM	A162	07:20:00	441	419
231	LEONG JOE YIN	A113	07:25:28	442	420
232	NASRIL BIN JUBIR	A166	07:27:48	446	424
233	MOHD ALMI B HARUN	A143	07:29:39	447	425
234	TOH KOK LIM	A235	07:30:19	450	427
235	HOH YUEN LEONG, DANIEL	A072	07:32:51	454	430
236	WONG YIK LIN	A249	07:33:45	455	431
237	LAU NGEE KEONG	A099	07:36:17	457	433
238	CHUANG KOK KIN, CHRISTOPHER	A056	07:36:20	458	434
239	WONG CHEN YEAP	A239	07:48:49	465	436
240	ANG WEE HOW	A012	07:51:22	467	438
241	CHONG WEI SIONG	A047	07:56:43	472	442
242	MOHD FAISAL B SUADI	A150	08:02:21	476	445
243	CHAI SIANG SIANG	A019	08:15:22	478	447
244	WONG WEI GEN	A248	08:20:09	480	449
245	WONG JIN HSIEN	A242	08:22:10	481	450

Category C - MEN VETERAN - 40YRS TO 49YRS [160km]

Cat Position	Name	Run No	Timing	Overall Position	Gender Position
1	SHAHARIN BIN RAZALI	C137	04:13:00	1	1
2	LOH KEAN CHONG, LESTER	C089	04:14:13	5	5
3	ISMAIL B DAHALAN	C048	04:14:19	7	7
4	SUHAIMI BIN SALIM	C140	04:14:20	8	8
5	LIZAM BIN SHAARI	C088	04:14:21	10	10
6	DAVID JOHN SPENCE	C032	04:14:45	21	21
7	LEONG KAR CHEE	C078	04:15:10	22	22
8	GANE SIVANANDAM	C037	04:15:17	24	23
9	SHAIFUL BAHRI BIN YUNUS	C138	04:17:10	32	30
10	LIM KOK HOONG	C084	04:17:15	33	31
11	MOHAMED ISHAK BIN YAHYA	C102	04:23:09	41	39
12	NG SING TECK, RICHARD	C121	04:25:00	42	40
13	CHIAH KOK HOI	C023	04:29:03	47	45
14	LEONG KAM SENG	C077	04:30:38	48	46
15	YEW CHEE CHUNG	C160	04:32:33	52	50
16	LEE KOK KEONG	C071	04:32:47	54	52
17	KOH AH BOW	C060	04:33:12	57	55
18	CHUAH SUN SIANG	C030	04:34:15	65	63
19	MOHAMAD FAUZI SHAFIHI	C099	04:41:50	72	70
20	KOH CHEONG MENG	C061	04:42:09	74	72
21	CHIANG KOK KHEONG	C024	04:44:12	79	78
22	CHOO KAR YOONG	C026	04:44:38	83	80
23	LEE LAI KIN	C073	04:44:46	85	82
24	NG KIAT SIONG	C119	04:44:48	86	83
25	TENGGU RIZA B TENGGU JOHAN	C148	04:49:08	94	91
26	MOHD RAFFI BIN HJ MOHD PILUS	C111	04:49:21	95	92
27	ZULKFALI B ABDUL KARIM	C165	04:55:09	101	98
28	MOHAMAD NOOR BIN BAHAROAM	C101	04:55:18	103	99
29	JEFFREY OWEN ANTHONY	C053	04:55:25	104	100
30	YIP NGAN HUEN	C161	04:55:49	106	102
31	MOHD HUSSIN BIN KAMIL	C109	04:56:10	109	104
32	SAMI CHABOUNI	C134	04:57:34	114	109
33	LIM CHEE HONG	C082	05:00:20	119	114
34	LEE KENG SOON	C068	05:00:49	121	116
35	CHEN THEAN HOCK	C020	05:02:20	125	120
36	AHNUAR BIN SALLEH	C009	05:02:30	126	121
37	BAHARI BIN ISMAIL	C014	05:03:48	131	126
38	KWAN KAH YONG	C064	05:03:58	134	129
39	LEE SOON YEN	C074	05:04:23	136	131
40	CHAN CHEE MENG	C017	05:06:00	137	132
41	KONG CHEW KAU	C062	05:06:34	140	135
42	WAN AZARUDIN B WAN MAHMUD	C155	05:06:40	141	136
43	AZMI B HAMID	C013	05:06:45	142	137
44	SANTHIRAKUMAR A/L KATHAN	C135	05:12:10	155	150
45	ROSNI BIN ABD RAZAK	C131	05:12:33	158	151
46	TAN SENG KIAT	C143	05:12:53	159	152

47	ABDULLAH HARUNU MUKHTAR	C002	05:13:00	160	153
48	PANG CHEONG TUCK	C124	05:13:02	161	154
49	GOH JOOI HUNG	C039	05:14:20	162	155
50	LIM YORK MIEN	C087	05:14:54	165	158
51	TANG KOK WAH, FREDDIE	C145	05:17:28	173	166
52	LEONG HONG FAI	C076	05:19:33	179	172
53	KAMARULZAMAN BIN ABD RAHMAN	C056	05:20:13	181	174
54	LEW KONG MENG	C079	05:20:25	182	175
55	CHIN CHAK MENG, RAYMOND	C025	05:20:39	183	176
56	TAN SEONG PAR, MICHAEL	C144	05:20:53	184	177
57	DR TAN SEONG CHUAN, DANIEL	C033	05:20:54	185	178
58	NG WAI SING	C122	05:22:26	188	181
59	ONG TECK KEONG	C123	05:22:50	189	182
60	JUMALI BIN MANAN	C055	05:23:01	190	183
61	EE BOON PLAU, BENJAMIN	C034	05:24:18	193	186
62	PETER CHAN	C125	05:27:57	200	193
63	MUHAMAD KAMAL BIN MOHD NAWAWI	C114	05:28:32	201	194
64	POK CHONG WAI	C126	05:30:02	203	196
65	YAP ENG LEONG	C158	05:30:25	204	197
66	AHMAD FOAD B AMIR	C006	05:30:26	205	198
67	ABDUL HAMID RAMLI	C001	05:31:00	206	199
68	TAN HAN BIN	C142	05:32:25	210	203
69	MUSTAFA KAMAL B SIDER	C116	05:32:40	211	204
70	NG KOK BENG	C120	05:34:06	214	207
71	HASNEE A RAHMAN	C168	05:34:30	216	209
72	LOH MING CHOON, MIKE	C090	05:35:06	217	210
73	LIEW CHEE KEONG	C080	05:35:16	219	212
74	ZULKIFLI BIN HASAN	C166	05:36:54	225	218
75	MARCUS FOO	C094	05:37:24	229	222
76	AHZAR B ZAINAL	C010	05:37:56	234	227
77	HOOI TUNG YEW, GARY	C045	05:40:07	239	232
78	KWAN KAI CHONG	C065	05:40:20	240	233
79	VINCENT LEE	C153	05:40:25	241	234
80	WONG CHEE MENG	C156	05:41:03	242	235
81	JASNI BIN BAHARI	C051	05:41:09	243	236
82	NG KAM HUNG, PHILIP	C118	05:42:07	244	237
83	GOH JOOI KOK	C040	05:42:08	245	238
84	LEE WEI KOON	C075	05:42:09	246	239
85	MOHD NOOR BIN MO ALI	C110	05:42:10	247	240
86	CHRISTOPHER ALLAN WEE	C028	05:44:44	253	246
87	SAM KOK KEONG	C133	05:44:56	255	248
88	MOHD ROSIDI MOHAMED	C169	05:45:00	256	249
89	WADISHAM WAHAB	C154	05:45:07	258	250
90	LAU CHUNG FATT	C067	05:45:10	259	251
91	AHMAD RIZAL BIN ABU KASSIM	C008	05:46:05	264	256
92	MOHD AZMI BIN MOHD ZAINUDIN	C106	05:47:02	266	258
93	BAHRI MOHD ARIS	C016	05:47:09	267	259
94	ADLI DAHALAN	C004	05:49:47	272	263
95	CHAN HONG KIANG	C019	05:50:15	274	264
96	MOHD ZAKI BIN MUSTAFFA	C113	05:53:48	281	271

97	AZHAR BIN YUSUF	C012	05:54:42	283	273
98	TEE LEONG ANN	C146	05:55:24	286	276
99	WONG CHIN CHEANG	C157	05:56:01	287	277
100	CHEOK KON FOOK	C021	05:56:13	288	278
101	ALIAS BIN ABDULLAH	C011	05:58:14	292	282
102	TOH CHIN TEIK	C151	05:58:30	293	283
103	TEH BOON KIAT, THOMAS	C147	06:00:00	297	287
104	TAN BOON PENG	C141	06:00:15	299	288
105	IRMAN IBRAHIM	C047	06:00:31	302	291
106	GERY ALEXIUS KAM	C038	06:05:20	315	304
107	MARK BENJAMIN ORTEGA	C095	06:05:26	316	305
108	YUSOF BIN AHMAD	C163	06:05:47	320	309
109	QUEK HUNG SENG, HANSOM	C128	06:07:27	321	310
110	LOW KIA SOON	C092	06:07:28	322	311
111	THUM BENG HOOI	C149	06:11:30	330	319
112	MD ROSLI BIN BAHAROAM	C097	06:11:40	331	320
113	ABU BAKAR BIN SAIDIN	C003	06:12:36	333	322
114	HOO CHIN CHEONG	C044	06:13:27	335	324
115	TSEN SEONG FOOK	C152	06:13:34	336	325
116	SALMAN BIN SHAARI	C132	06:13:40	337	326
117	SHAMOON SHABUDIN	C139	06:15:46	340	329
118	ROSLI BIN YAACOB	C130	06:26:05	351	338
119	HO KONG YAW	C042	06:27:44	355	343
120	LEE KHIAN HUAI	C070	06:27:44	354	341
121	TAN HAN HENG	C167	06:27:44	356	342
122	MUHAMAD ZAKIR B ABDUL LATIF	C115	06:29:00	357	344
123	CHIA SIEA THUANG	C022	06:30:15	358	345
124	ZAINAL ABIDIN BIN BAROON	C164	06:30:29	360	347
125	FONG MUN KIN	C035	06:34:07	368	353
126	YEONG THIN SOONG	C159	06:37:40	371	356
127	BAHARI BIN TALIB	C015	06:39:20	373	358
128	PUN SOON MING	C127	06:39:30	374	359
129	MOHD HAWARI BIN SHAHRI	C108	06:45:07	378	363
130	JOEHARI AHMAD	C054	06:45:10	379	364
131	CHAN EE PIAU	C018	06:45:12	380	365
132	LIM BENG HOCK	C081	06:45:30	381	366
133	KOAY SWEE HOCK	C058	06:46:57	385	370
134	TOH CHER LEK	C150	06:48:02	387	372
135	MAT AZAM HANAFIAH	C096	06:50:07	388	373
136	FOONG CHEE CHOONG	C036	06:53:32	397	381
137	AHMAD MUHZIR BIN SAID PALLAH	C007	06:54:56	399	383
138	IBRAHIM BIN ISMAIL	C046	07:00:36	415	399
139	LOO OON JIN	C091	07:05:49	419	403
140	HARON BIN SAHAT	C041	07:05:50	420	404
141	HONG KOK KHEONG	C043	07:08:10	424	408
142	MOHANADAS K RAMANUJAM	C104	07:10:27	427	410
143	MAHIZZAN BIN MOHD FADZIL	C093	07:18:38	440	418
144	KWEE MAN FATT	C066	07:25:40	443	421
145	AHAMAD SHAKAMIL BIN ABDUL RASHID	C005	07:31:45	452	428
146	JAMALUDIN BUJANG	C050	07:32:49	453	429

147	YUE MENG FAI	C162	07:45:00	463	435
148	LIM SWEE CHAI	C085	07:51:41	468	439
149	KONG SIEW WAH	C063	07:53:30	469	440
150	LIM HENG SENG	C083	07:54:00	470	441
151	MERVYN LOH	C098	07:59:00	474	444
152	CHU FOOK TIANG	C029	08:15:20	477	446

Category E - MEN SENIOR VETERAN - 50YRS & ABOVE [160km]

Cat Position	Name	Run No	Timing	Overall Position	Gender Position
1	GERARD PAUL MARIE HANSSSEN	E065	04:14:21	9	9
2	MIKE JOHNSTON	E040	04:14:30	20	20
3	TAN YEOK POO	E056	04:31:59	49	47
4	SEOW BOO SENG, STEVEN	E049	04:32:04	50	48
5	PHUAH KOK ENG	E047	04:32:09	51	49
6	YAP LEONG CHIN	E063	04:44:06	78	76
7	TAN TEIK HIANG, DAVID	E055	04:44:12	80	77
8	CHAI WOY MIN	E005	04:45:50	92	89
9	HENG OOI KHIANG	E019	04:59:34	118	113
10	THOR BENG EE	E057	05:09:46	150	145
11	WONG TUCK FOO	E061	05:15:22	168	161
12	CHIA SENG TEIK	E012	05:17:37	174	167
13	WONG HOCK YIM	E060	05:24:56	194	187
14	TAN KIM LENG	E054	05:28:36	202	195
15	NOR JAMALUL HJ DAHLAN	E043	05:33:53	213	206
16	LIEW KOK MING	E032	05:34:28	215	208
17	NEOH SOON HENG	E042	05:36:08	223	216
18	CHEAH CHEE KEONG	E006	05:42:16	248	241
19	LOW HAN CHUNG, FREDDIE	E038	05:43:28	251	244
20	SHAW KAM FOO	E050	05:49:19	271	262
21	ARJUNAN A/L MUNIANOY	E004	05:51:16	277	267
22	CHUAH YEW LAY	E015	05:55:03	285	275
23	JASON THIANG	E024	05:58:46	294	284
24	AHMAD FARIDUN BIN ZAINUDDIN	E003	05:59:27	295	285
25	CHEW THEAN SOO	E010	05:59:58	296	286
26	ABDUL RAHIM ANUAR	E001	06:00:22	300	289
27	DR. M . SHARKAWI JAYA	E016	06:01:24	303	292
28	CHEAH CHEE KIN	E007	06:02:21	305	294
29	LOH YEW KWONG	E036	06:04:21	313	302
30	LOH KWOK CHOONG	E035	06:08:12	324	313
31	TAN KEE GUAN	E053	06:09:16	325	314
32	ABDUL RAZAK BIN ZAINUDDIN	E002	06:12:00	332	321
33	GERARD FRANCIS PEREIRA	E018	06:18:06	342	331
34	LEE SIAK CHUANG	E029	06:19:40	344	332
35	TING KONG HING	E058	06:22:03	346	334
36	HUSSAIN BIN AWANG	E022	06:30:30	361	348
37	LEE PANG HONG	E028	06:38:31	372	357
38	KOK HONG SING	E026	06:42:27	376	361
39	ONG ENG SOON	E046	06:46:18	383	368
40	LAI KOK HOO	E027	06:50:22	389	374
41	ONG ENG CHONG	E045	06:53:07	396	380
42	CHRISTOPHER BEDDOWS	E013	06:58:28	406	390
43	CHRISTOPHER HEY	E014	06:58:32	407	391
44	MALCOLM BEAUMONT	E039	06:58:50	409	393
45	LIM KIN KOK	E034	07:05:52	421	405
46	SYED MOHD KAMAL ALHABSHI	E051	07:10:18	426	409

47	LIEW SHAN SENG	E033	07:25:48	444	422
48	ONG BOON HIN	E044	07:27:35	445	423
49	TAN BENG HWEE, KENNET	E052	07:30:00	448	426
50	ZULKIFLY B TAJUDIN	E064	07:34:08	456	432
51	LEE YONG HENG	E030	07:51:03	466	437
52	HO KUAN YIN	E021	07:57:56	473	443
53	TONY RABINDRAN	E059	08:20:00	479	448

Category F - WOMEN OPEN - 18YRS & ABOVE [160km]

Cat Position	Name	Run No	Timing	Overall Position	Gender Position
1	CHRISTINA LIEW	F031	04:15:13	23	1
2	TAN SHENH AI, LYDIA	F026	04:15:19	25	2
3	OON LISA	F022	04:44:30	81	3
4	CHUNG HSING LING	F005	04:55:13	102	4
5	ONG SIOK BEE	F021	04:55:55	108	5
6	KONG PHUI LYN	F009	05:12:19	156	6
7	CHRIS PAN SENG KK	F004	05:12:25	157	7
8	LOOI MEI YAN, MICHELLE	F017	05:45:03	257	8
9	TAN BON FONG, DEBBIE	F024	05:47:10	268	9
10	WONG KAR YAN, ELAINE	F029	05:50:00	273	10
11	NORHAYA HASHIM	F020	06:00:04	298	11
12	LO CHEN SUM, JEZAMINE	F015	06:18:29	343	12
13	LOH SUET KIN	F016	06:24:32	347	13
14	TAN SHIH MING	F027	06:32:10	364	14
15	LAU PUI SAN, SAYA	F011	06:32:12	365	15
16	JOANNE WONG SF	F008	06:52:33	392	16
17	AMANDA CHIN	F001	07:09:40	425	17
18	CHOONG SIEW YEE	F003	07:11:12	428	18
19	LIM MIOW CHIN	F014	07:15:10	431	19
20	LIM MING-HUEY, WENDY	F013	07:17:48	436	20
21	LAI MAY SENN	F010	07:18:11	437	21
22	LEE WAI YEE, ADELINE	F012	07:18:28	439	22
23	TEH SU-ANN	F028	07:30:16	449	23
24	SET SIEW YIN, IRIS	F023	07:31:12	451	24
25	ANNIE ROSLE	F002	07:37:17	459	25
26	ENG SOK HUI	F006	07:39:53	460	26
27	HONG MEI YANN, JACQUELINE	F007	07:43:12	461	27
28	WONG YIT THING	F030	07:43:23	462	28
29	NG AI LING	F019	07:46:49	464	29
30	LYNN GUAN	F018	07:56:41	471	30
31	TAN CHIN CHIN	F025	07:59:33	475	31